



**MINUTES OF THE MEETING HELD ON
Thursday, January 18, 2018
Sir Wilfrid Laurier School Board**

Member Organization	Name	
A.A.E.S.Q	Bruzzese Sam	Regrets
	Mason Ralph	
A.C.E.S	Farnell Gina	
	Finn Cindy	
CEGEPS	McMahon John	
ADGESBQ	Racette Sylvain	
SCHOOL BOARDS	Aitken Stewart	
	Furfaro Sandra	
	Hipps Geoff	
	Mackey Kandy	
	Mosher Lisa	Regrets
	Saada Jessica	
	Smylie Brenda – By V.C.	
	Sutherland Mark	
	Wahba Marie	
I.S.A.T.	Hampson Holly	
	Benudiz Sidney	Regrets
P.R.O.C.E.D.E	Jalbert Richard	
	Pedroso Paula	
PROFESSIONALS’ ASSOCIATIONS	Bordonaro Tino	Regrets
	Scott Arlene	
Q.P.A.T.	Adams, Andrew	
	Fossey, J.P.	
	Machado, Pasquale	
	TBA	
SPECIAL STATUS BOARD EDUCATIONAL SERVICES REPRESENTATIVES	CREE – TBA	Regrets
	LITTORAL- Nadia Landry	Regrets
MEES/DSCA	Langlois Lise	
	Lin, Terry Wan Jung	Regrets
UNIVERSITIES	Haigh Corinne (Bishop’s)	Regrets
	Medwid Roma (Concordia)	
	Schaefer Lee Dr.(McGill)	Regrets
ADM – English Sector	Rousseau, Christian	Regrets
LEARN	Truesdale Christine	
Coordinator	Ryan John	
Recording Secretary	Rosa Angela	
Guests: Dr. Elana Bloom/Dr. Jennifer Lewy/Dr. Stine Linden-Anderson/Regrets from Dr. Nancy Heath		



1. WORDS OF WELCOME

- 1.1. Geoff Hipps welcomed everyone to the Sir Wilfrid Laurier School Board, and extended wishes for a Happy New Year. He welcomed Richard Jalbert to his first meeting as one of the two representative of PROCEDE.

2. APPROVAL OF THE MINUTES

2.1. APPROVAL OF THE MINUTES OF THE NOVEMBER 2, 2017 MEETING

Resolution # 46-2018-01-18

After two typing errors were corrected, it was moved by Roma Medwid and seconded by Kandy Mackey and unanimously resolved that the Minutes of the Regular Meeting of the Committee held on November 2, 2017 be accepted as deposited.

3. Presentation and Panel Discussion

- 3.1. Introductions of the three guests were made by Geoff Hipps and Cindy Finn. Dr. Nancy Heath sent her regrets however Dr. Elana Bloom, who works closely with her, agreed to talk to Dr. Heath's PowerPoint presentation.
 - John will request the PowerPoint presentations from today's presenters and forward them at a later date.

3.2. Dr. Stine Linden-Anderson – Bishops University

Highlights:

- Dr. Linden-Anderson talked about what services and initiatives are offered at Bishops University.
- On the horizon:
 - ✓ Sexual Violence Office
 - ✓ Memorial University model
 - ✓ Re-Examining walk-in service
 - ✓ 7-Cups model (peer support)

3.3. Dr. Jennifer Lewy Agence Ometz

Highlights :

- Shared statistical information; Shared some tools on how to help students cope; Spoke to the Iceberg Illusion-on success-what people see versus what they don't see; The importance of feelings and teaching about feelings and the role of the school for teaching about feelings; Best medicine: Listed protective practices; Mindfulness: video on introducing mindfulness into classes
- Recommendations increase awareness; use a systemic approach; educate all partners; seek professional help.

3.4. Dr. Elana Bloom - Center of Excellence

Highlights:

- The Center is working on shifting school culture and focusing on a whole school approach
- Reported on the mission and vision of the Centre of Excellence for Mental Health, and its objectives
- Discussed some statistics – and issue of lack of resources
- Spoke to the challenges in schools and the fact that teachers have insufficient instruction about youth mental health yet schools are uniquely positioned to help
- Listed the areas of focus and actions/best practices within education

3.5. Segway into Dr. Nancy Heath's presentation

Highlights:

- Initiatives at McGill University: in 2016 McGill undertook to explore and address issues pertaining to teacher mental health and wellbeing through education initiatives.
- This led to the development of three initiatives: National summit – work on pre-service teacher skills and collaborating with the Canadian Teachers Federation for in-service teachers.
- Projected activities

3.6. Question and Answer Period

- Discussed what is being done outside of Quebec and what changes would be needed for in Quebec in order to improve.
- Discussed if the environment/structure in/of the school has an impact on mental health
 - ✓ stop working in silos
 - ✓ collaboration amongst the educational milieu, ministry of education and ministry of health is needed.
 - ✓ how to infuse mental health and wellbeing into the curriculum and in teacher training.
 - ✓ talked about the “cost” of mental health issues in education
- Free event in May offered by Ometz – Featuring guest speaker Dr. Jean Twenge on May 14, 2018. Free admission.

4. Report by ADM

4.1. Mr. Rousseau sent his regrets and Lise Langlois was pleased to report on the following items:

- The position of the ADM for the Anglophone sector remains to be filled.
- The new Minister responsible for Relations with English-Speaking Quebecers Kathleen Weil continues to meet many organizations, and DSCA looks forward to begin working with her.
- Major dossiers at the Ministry:
 - ✓ New strategic plan – is expected to be launched in early spring.
 - ✓ Stratégie 0-8 ans: This is a five year plan – and has over 50 measures associated to it. After some inquiries on what information is available the following link was shared:
<https://securise.education.gouv.qc.ca/politique-de-la-reussite-educative/toutpour-nos-enfants/>
 - ✓ Plan d'action numérique
 - ✓ Journées de réflexion sur la formation professionnelle on February 5 and 6, 2018



5. LCEEQ Business Items

5.1. DSCA Report – Lise Langlois

- Main priority at the DSCA is working on the action plan for the Entente Canada-Quebec. Lise reported that some minor changes will be done however the bulk of the plan is similar to the last Entente. The consultation process that began last November will be ongoing and this will lead to possible changes in future years.
 - ✓ Question and Answer Period:
 - Lise Langlois addressed individual questions and concerns from the members.
 - Concerns from Cegeps
 - Sex Education: Boards are not ready to implement the program on a mandatory basis in the given timeframe. DSCA received a heads-up that the concerns will be officially brought forward to the attention of ADGESBQ.

5.2. Conference Update

- John Ryan reminded everyone that January 19, 2018 is the designated last day for registration for 2018 LCEEQ Conference (**The Thinking Classroom**).
- The conference has over 750 registrants and John thanked members for having promoted and supported the conference over the last months.

5.3. Summer Projects

John Ryan emailed on January 18 the following documents and in addition distributed each board a package with printed copies with flyers of the workshops.

- Detailed information on the Elementary Math Focus. The message provides an update on the progress to date and information on the registrations for Cohort 4
- A complete flyer on “Leadership for School Improvement”
 - ✓ Dates: April 18-20, 2018 & August 13-15, 2018
- A complete flyer on the “Writing Workshop with Linda Rief”
 - ✓ Dates: August 13 – 17, 2018



5.4. **Agenda Items for March 21, 2018 – meeting will be held at the English Montreal School Board.**

- Members were asked for agenda items for the next meeting. One suggestion was to have a presentation from a Ministry representative on the 0 to 8 year olds strategy.
- Reminder that the theme for the conference next year is **Well Being - Being Well** (Feb 11-12, 2019)

6. **VARIA**

6.1. The Eastern Townships School Board announced on December 19, 2017 that Kandy Mackey will be its new Director General. Geoff Hipps, on behalf of LCEEQ, congratulated Kandy. Kandy's experience as a teacher, principal and director will be instrumental in her new role.

7. **Adjournment**

7.1. The meeting adjourned at 1:45 pm